



Northern Sydney and Beaches Hockey Association

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2023 Annual Report



EXECUTIVE COMMITTEE AND LIFE MEMBERS

2023 EXECUTIVE COMMITTEE

President

Diana Brown

Representative Convenor

Mark Berwick

Treasurer

Gabrielle Whelan

Facilities Convenor

Austen Shephard

Secretary

Sarah Gibbons

Development Convenor

Vacant *

Competitions Convenor

Cathy Clark

General Committee Member

Jane Godfrey

General Committee Member

Tory Tompson

*Stuart Hale resigned July 2023

HONOUR ROLL – EXECUTIVE COMMITTEE MEMBERS

(Since incorporation in November 2014)

Year	President	Treasurer	Secretary	Representative Convenor	Development Convenor	Competitions Convenor	Facilities Convenor	General Committee Members
2015	D Johnston	D Gathy	P Taylor	S Pickering	S Johnston	-	C Cannon	-
2016	D Johnston	C Cannon	P Taylor	S Pickering	S Johnston	-	-	H Thornley S Litchfield
2017	D Johnston	C Cannon	P Taylor	S Pickering	-	-	-	H Thornley S Litchfield
2018	D Johnston	C Cannon	D Brown	S Pickering	-	-	-	D Stewart S Litchfield
2019	D Johnston	C Cannon	D Brown	S Johnston	-	C Clark	J Boyse	B Bland S Litchfield
2020	D Johnston	C Cannon	D Brown	S Johnston	-	C Clark	J Boyse	K Champion S Litchfield
2021	D Brown	G Whelan	S Gibbons	M Hewitt-Park	D Leong	C Clark	J Boyse	K Champion J van Son
2022	D Brown	G Whelan	S Gibbons	M Berwick	D Leong	C Clark	J Boyse	A Shephard J van Son
2023	D Brown	G Whelan	S Gibbons	M Berwick	-	C Clark	A Shephard	J Godfrey T Tompson

NSBHA LIFE MEMBERS

NSBHA acknowledges the exceptional service of these life members:

Georgie Shaw, Robyn Chappell, Sue Prell, Bess Rosen, Judy Wood

OUR CLUBS

AVALON HOCKEY CLUB

GORDON NORTH SYDNEY HOCKEY CLUB

HORNSBY RSL HOCKEY CLUB

FRESHWATER HOCKEY CLUB

MANLY HOCKEY CLUB

MANLY WARRINGAH DISTRICT HOCKEY CLUB

MIRRABOOKA WOMEN'S HOCKEY CLUB

MOSMAN HARBOURSIDE HOCKEY CLUB

MOSMAN JUNIOR HOCKEY CLUB

SEAFORTH HOCKEY CLUB

TERREY HILLS HOCKEY CLUB

WARRINGAH HOCKEY CLUB

WILLOUGHBY GIRLS HIGH SCHOOL HOCKEY CLUB

UTS HOCKEY CLUB



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Doc No. NSBHA-COM-024

Rev	Description	Date	NSBHA		
			By	Check	Approved
A	DRAFT	11/10/2023	DB		
B	DRAFT	1/11/2023	all		
C	FINAL		DB	SG, MB	Executive

1 PRESIDENT'S REPORT

It is my pleasure to present the ninth Annual Report for Northern Sydney and Beaches Hockey Association (**NSBHA, NSB Hockey, the Association**).

It has been an incredibly difficult year with the Association's only full-sized hockey pitch closed for major redevelopment which left NSBHA and Clubs struggling to find suitable locations for training and competitions. Despite this our members continue to demonstrate enormous resilience and continue to forge ahead playing and enjoying the game.

Below are some of the key highlights for the year and the challenges the Association, Clubs and our Members continue to face.

Highlights and achievements

- The long-anticipated building works on the hockey pitch at Ku-ring-gai High School finally commenced in early August 2023 – this is super exciting and will see hockey activity resume in 2024. NSBHA wishes to acknowledge the support from the NSW Department of Education in their role as Project Manager and the work by the contractor, Polytan Asia Pacific Pty Limited.



- The Sydney Academy of Sport, Narrabeen opened a ½ pitch hockey court in August 2023! This space together with an existing small ¼ pitch has been a game changer for the hockey community on the northern beaches by making local facilities accessible and available for training and small-sided games. Hockey is enormously grateful for the support from the NSW Office of Sport and we continue to work with the State body to pursue other opportunities on the site. More information about facilities is covered later in the Facilities Report.
- NSB fielded a record 17 indoor representative teams in the 2022 Indoor State Championships including our first ever Open Men's team who were awarded the "Respect for Officials Award" at the Open Mens Indoor State Champs.
- From the 2022 Indoor State Championships, NSB players Emma Scriven and Litiana Field were selected for the Australian Women's 2023 world cup team competing in the FIH Indoor Hockey World Cup in South Africa in Feb 2023.

- NSBHA provided coaching and umpiring assistance at the local Catholic Primary Schools Gala Day in Nov 2022, attended by 6 Catholic Schools and more than 300 kids at Curl Curl. It was hugely successful and great to see so many children playing hockey – most for the first time. The event is being repeated in mid November 2023.
- One of our amazingly talented junior athletes, Eloise Trueman, was awarded Hockey NSW's Young Community Coach of the Year award! Ellie has been involved in coaching at NSB level for indoor and field state teams starting as an Assistant Coach and early this year being promoted to coach for an Indoor State Champs team.
- NSB fielded 17 teams in the outdoor junior and open divisions in the 2023 NSW Field State Champs.
- 35 NSB players gained NSW State Selection in teams or squads – this is a massive achievement for our Association.
- NSBHA was awarded for the very first time the Mike McDermid Perpetual Trophy for Most Successful Association at the Canberra Invitational Carnival over the June long weekend! This award was established in 1984 – it is a huge honour to receive this award and is a credit to all the NSB teams and coaches who performed so well.
- NSB Women's Masters continues to flourish with 6 of the 7 teams finishing in the top 4 places in the Sydney Women's Masters Competition. NSB had another 6 teams compete in the NSW Masters State Championships in Parkes with 3 of the teams finishing on top of their division.
- Women's Masters Nationals were held in Perth this year with the NSW teams performing very well. NSB is incredibly proud of the 35 players and officials who represented in the various NSW teams, making the Association the largest contributor to NSW teams.
- From the Women's Masters Nationals, NSBHA had 15 players selected for Australian teams to compete in next year's Masters World Cup. This is an outstanding result.
- Communications continue to be developed between the Association and all our members with The Channel – the Association's quarterly newsletter and more active social media. A big thank you to both Heidi Tobin and Sacha Berwick who have helped in many ways to improve our social media and communications with our members.
- Local small-sided competitions continue to be popular with activities held across the year with more than 600 participants. NSB offers small-sided competitions at Harbord, Middle Cove and Mona Vale. Competitions at Ku-ring-gai will resume once the facility has been rebuilt.
- The Mollie Dive schoolgirls competition played in its 29th year in Term 2. With the closure of KHC for redevelopment, Barker College and Pymble Ladies' College very kindly offered their hockey pitches for the Mollie Dive Competition. It will be fantastic to celebrate the 30th year of Mollie Dive next year at the upgraded hockey pitch at Ku-ring-gai High School.

Ongoing Challenges

- The lack of local outdoor facilities remains the biggest challenge facing every player and member within NSB. Whilst significant progress has been made this year, there is still more to do. For more details refer to the Facilities Report.
- Increasing workload on our volunteers at both Club and Association level continues to challenge us. As the Representative program continues to grow with teams across all age groups in both outdoor and indoor, so too does the volume of volunteers/support staff required to deliver the program. We welcome members of our community to assist us in the Representative program – there are many ways you can help big or small. Please contact anyone on the Committee to find out more.

- Without local facilities, our game suffers from a lack of accessibility and awareness – particularly in attracting new families to the game. Many choose other sports that are local, easily accessible and available. With the opening of the outdoor facilities at Narrabeen and the new hockey pitch in North Turramurra due to open in 2024, Hockey will have greater opportunities to promote the game and offer alternative products like small-sided games and come n try programs to attract new players. This will be a key focus for NSB and our clubs in 2024 particularly at the grassroot level so that hockey becomes the sport of choice for families.

In terms of time and resources, the Executive Committee invested the bulk of their energy on Facilities acquisition for both outdoor and indoor venues recognizing this is vital to afford hockey any opportunity to grow and develop on the north shore and northern beaches together with managing the vast NSB Representative program.

I would like to express my most sincere gratitude to the dedicated team of NSBHA volunteers for their tireless contributions:

- The NSBHA Executive Committee;
- The NSBHA Representative Hockey sub-committee for both Field and Indoor programs;
- The NSBHA Womens' Masters Committee;
- The pool of coaches, managers, selectors and administrators of NSBHA representative teams;
- The key organisers of NSBHA local competitions and development offerings including Cath Clark, and Belinda Kellaway.

I wish to also thank the team at Hockey NSW, in particular Emma Highwood, Corrina Baldock and Joel Ward for their support and guidance.

It has been a privilege serving the NSBHA community for the past 6 years, but is now time to step down. Whilst it has been incredibly difficult at times pursuing facilities in our region and has required an enormous amount of work, I know that I have given my best for the good of hockey in our region. I am extremely proud of the pitch being developed at Ku-ring-gai and hope this will be a valuable asset for the community for decades to come.

Whilst the year started with the community having nowhere to play other than a ¼ pitch at Narrabeen, it is certainly finishing on a brighter note. We now have facilities at Narrabeen (both indoor and outdoor) and the pitch at Ku-ring-gai High School will be ready for the 2024 season. I wish you all well and much hockey goodness for next year and beyond.

Diana Brown

President, NSBHA

2 TREASURER'S REPORT

NSBHA MEMBERSHIP NUMBERS	2023	2022	2021	2020	2019
8 years and under	88	109	120	131	207
11 years and under	150	103	202	241	216
18 years and under	435	594	647	544	592
TOTAL U18s	673	806	969	916	1,015
Adults (over 18)	634	638	646	511	703
Volunteers, Coaches, Officials	101	90	88	57	88
TOTAL MEMBERSHIP	1,408	1,534	1,703	1,484	1,806
Gender Split					
Female	981	1,095	1,253	1,094	1,305
Male	426	435	439	390	501
X	1	4	11		
Total Members	1,408	1,534	1,703	1,484	1,806
Female %	69.7%	71.4%	73.6%	73.7%	72.3%
Male %	30.3%	28.4%	25.8%	26.3%	27.7%
X %	0.1%	0.3%	0.6%	0.0%	0.0%
Total	100.0%	100.0%	100.0%	100.0%	100.0%

Membership numbers continue to struggle post-Covid, particularly in the junior age groups. With the opening of local facilities in Narrabeen and the upgraded pitch at Ku-ring-gai, the Association is hoping these membership numbers turn around in 2024 and start to return to pre-Covid levels.

A summary of the financials for the past 5 years is shown on the next page. The detailed Profit and Loss and Balance Sheet for the year ended 30 September 2023 is included at Appendix 1.

During the year, NSBHA continued the pitch upgrade at Ku-ring-gai High School. Expenses were incurred in engaging consultants to prepare all the necessary detailed design drawings and tender documentation, further geotech analysis and preliminary drawings for the amenity block upgrade. A total of \$54,915 (ex-GST) was spent by NSBHA during the financial year. Construction works by Polytan Asia Pacific Pty Ltd commenced on the pitch in early August 2023 and will be completed by year end. The amenity block upgrade and installation of player shelters will commence over the summer holidays.

The grant funds received from the NSW State Government under the Multi-Sport Community Facility Fund of \$2,720,000 have been spent in full on the upgrade of the hockey pitch, new LED lighting, new fencing, new electrical wiring, new concrete ramps for full disability access and new landscaping.

NSBHA wishes to acknowledge the financial contributions to KHC from our members as shown below. Without the collaboration from these clubs, projects of this scale simply don't happen.

Northern Sydney & Beaches HA Savings account \$240,000

North Shore Womens Hockey Association \$200,000

NSBHA Women Masters \$10,000

Gordon North Sydney Hockey Club \$10,000

Mosman Hockey Club \$10,000

Manly Hockey Club \$10,000

In October 2023 (after year end), NSBHA paid \$332,000 to the Department of Education as Hockey's contribution to the amenity block upgrade and installation of player shelters which will take place over the summer holidays. The balance of hockey funds remaining for this project stand at \$18,408.

NSBHA FINANCIAL SUMMARY	2023	2022	2021	2020	2019
Income					
NSBHA Membership Fees	\$43,331	\$45,594	\$38,314	\$24,267	\$54,348
NSBHA Women Masters income	\$46,049	\$45,816	\$17,689	\$12,325	\$51,823
Representative fees income	\$112,514	\$87,495	\$56,718	\$26,145	\$98,035
Competitions/Clinic income	\$39,057	\$43,861	\$52,383	\$20,488	\$32,943
Interest income	\$411	\$489	\$383	\$789	\$2,094
Other operating income		\$2,377			
Government Grants	\$0	\$25,536		\$6,000	
Total Income	\$241,362	\$251,167	\$165,487	\$90,014	\$239,243
Expenses					
Women Masters operating costs	\$44,761	\$42,165	\$16,464	\$10,133	\$50,428
Representative costs (excl Masters)	\$112,489	\$85,326	\$48,130	\$18,164	\$118,291
Competition/Clinic costs	\$28,788	\$35,966	\$30,178	\$14,223	\$30,335
KHS upgrade costs	\$54,915	\$36,019			
Narrabeen equipment purchases	\$21,844				
HNSW Affiliation fees	\$9,900	\$11,558	\$7,196	\$11,993	\$13,382
Administrative costs	\$3,518	\$3,783	\$2,206	\$2,017	\$4,512
Total expenses	\$276,214	\$214,816	\$104,174	\$56,529	\$216,947
Operating Surplus	-\$34,853	\$36,351	\$61,313	\$33,485	\$22,296
Accumulated cash reserves					
NSB Savings account (set aside for new facilities)	\$86,964	\$68,550	\$250,568	\$230,192	\$173,020
KHS Project Savings Account for Ku-ring-gai **	\$384,209	\$240,464			
NSB Women Masters	\$22,332	\$23,481	\$30,995	\$21,045	\$17,263
NSB Main bank account / other	\$35,819	\$34,622	\$7,918	\$3,454	\$7,270
NSB Total Accumulated Cash	\$529,324	\$367,117	\$289,481	\$254,691	\$197,553
** \$332,000 was paid to the Department of Education in Oct 2023 for the amenity block upgrade.					

NSBHA's equipment purchases this year included the following:

Portable lighting for the ¼ pitch at Narrabeen \$16,490.00

New container storage for equipment at the ¼ pitch at Narrabeen \$5,269.00

New Kookaburra hockey balls (26 dozen) and cages for the NSB rep program \$3,120.00

Gabrielle Whelan
Treasurer, NSBHA

3 REPRESENTATIVE CONVENOR'S REPORT

2023 saw another strong representation of NSB teams participating in carnivals and state championships.

Rep Program Purpose

NSBHA encourages members through the rigours of higher-level competition to further pursue their:

- hockey enjoyment,
- hockey performance potential and
- personal development.

Rep Program Objectives

- To offer every nominee in the representative program a positive learning experience.
- To provide every member fair opportunity to consider the representative hockey program and to make their case for inclusion.
- To develop an array of opportunities within the representative program in hoping to cater for members with a range of performance capability and interests.
- To select representative team/s, squads, shadow list and/or academies whose players are committed to improving their performance, to contributing positively to others and as suitable ambassadors of NSBHA.
- To provide fairness, transparency and open communication in all aspects of the rep program.

Season Highlights

- Over 230 athletes participated in the NSBHA field representative program and more than 180 in the indoor program.
- Our junior members continue to contribute to coaching and umpiring across Field State Championships, Indoor State Championships and carnivals.
- For the first time we entered two boys team into an age division in the FSC - u13's.
- We had a large contribution of first-time volunteers across the age groups.
- More than 100 kids participated in the popular u11 indoor development program.

Acknowledgements

The 2023 sub-committee worked extremely well. As was the case last year a huge part of the functionality of the sub-committee can be greatly attributed to the calibre of the individual members and the significant support they received from the Association.

I would like to especially thank the Age Coordinators who deal with a huge amount of administration to ensure everything goes smoothly behind the scenes.

2023 Representative Sub-Committee Field State Champs

Role	Name	Role	Name
Selection Convenor	Christine Cannon	Uniforms Officer	Lisa Trueman
Assist. Selection Convenor	Sarah Evans	Communications officer	Sacha Berwick
Coaches Convenor	Tanya Boys	u11 Age Coordinator	Tory Thompson
Finance officer	Jasper Parkes	u13 Age Coordinator	Emma Hale
Umpires Convenor	Cristina Cannon	u15 Age Coordinator	Narelle Elliot
Assistant Umpire Convenor	Rick Elenbaas	u 18 Age Coordinator	Charlotte Simons
Program / booking officer	Charlotte Simons	Opens Coordinator	Sharon Johnston
Equipment officer	Natalie Hammond		

Thank you for the considerable amount of time you all gave to ensure our athletes had the best possible experience.

To all the coaches and managers, your direct involvement and support of the athletes is greatly appreciated and there would be no representative program without you all.

It cannot be understated how important and significant the contributions from all the Umpires was during the season. From assisting the coaching of our youngest athletes, supporting trials and controlling games at carnivals and FSC. Thank you so much and a special mention to Christina Cannon who managed to coordinate all the Umpires in her final year as the Umpire Convenor.

Additionally, we must acknowledge the huge contribution of officials and volunteers who have gone an extra mile to make representative hockey possible:

- Nathan Walker - Competitions Manager, Hockey NSW
- Hockey ACT – organisers of Canberra tournament
- Stacey Gilbert and MLDHC – organised Moorebank tournament
- Tamworth District Hockey Association – organised U11 tournament

Field State Performances 2023

Team	Coach	Manager	Division	Result - FSC
Open Women	Emma Scriven	Sharon Johnston	1	3
Open Men	Stuart Farquharson	John Boyd	2	4
U18G/1	Donna Parsons	Kristie Greville	1	8
U18G/2	Martin Bishop	Heidi Horne	2	10
U18B/2	Fin O'Connor	Natalie Hammond	2	4
U15G/1	Rachel Dunstan	Tanya Boys	1	5
U15G/2	Andy Van Pelt	Natasha Pardoen	3	5
U15G/3	Ryf Quail	Lou Lewcock	3	8
U15B/1	Paul Jenkin	Joanne De Vries	1	4
U13G/1	Charlotte Simons	Kate Strahorn	1	3
U13G/2	Nicole Curtis	Anna Reekers	2	7
U13B/1	Sacha Overhoff	Robyn Jones	1	7
U13B/2	Grant Barnes	Shona Rose	3	5
U11G/1	Charlotte Simons Ellie Boys** (Asst)	Tina Doyle	1	NA
U11G/2	John Stroud	Greg Bible	2	NA
U11G/3**	Andrew Whittiker Amelie Pope** (Asst)	Sal Burton	2	NA
U11B/1	Stuart Hale	Caroline Wheeler	1	NA

** Canberra Carnival

Representative honours – NSW

Each year NSB contributes a significant number of players to NSW State squads and teams. 2023 was no different with more than 35 individuals gaining selection. Congratulations to those players and a huge thank you to all the players, coaches, mentors and NSB community that have helped these individuals in achieving these selections.



Top age u18 girls – their last field state champs with NSB!

NSW Futures Program

This year saw the commencement of the Association run NSW Futures Program. Selected Individual's from u14, u16 and u18/21 are currently participating in a very comprehensive training program designed by HNSW to support their elite development. We would like to acknowledge Darren Morris from HNWS for his significant contribution to the design and implementation of the program that we are grateful to him for extending an offer to combine our two hockey associations to ensure we had a critical mass of athletes, and the program was well resourced.

2022 INDOOR STATE CHAMPIONSHIPS

The NSB Exec Committee would like to acknowledge the enormous effort made by the Indoor Rep Convenor, Mark Hewitt-Park and the dedicated coaches and managers in making these championships possible for the players and their families.

The results of the 17 NSB teams from the 2022 ISC (held Nov – Dec 2022) are as follows:

Team	Coach	Manager	Division	Result
Open Women	Emma Scriven	Mark Hewitt-Park	1	6
Open Men	Cameron Gregor	Matt Wilson	2	7
U18B/1	Sacha Overhoff	Mark Berwick	2	3
U18G/1	Mark Hewitt-Park	Lisa Trueman	1	3
U18G/2	Danielle Leong	Jo Hume	2	9
U18G/3	Chris Pope	Jess Tyrell	2	5
U15B/1	Danielle Leong & Jett Leong	Natalie Hammond	1	5
U15B/2	Max Yeoland & Allison Yeoland	Julie McMurtry	2	10
U15G/1	Donna Parsons	Kristie Greville	1	3
U15G/2	Christine Cannon	Tanya Boys	2	5
U15G/3	Charlotte Simons	Joanna Lynsky-Smith	3	2
U13B/1	David Gilbert	Natalie Hammond	1	8
U13B/2	Eloise Trueman	Emma Hale	2	9
U13G/1	Nicola Farquharson & Kate Kennedy	Joanna Lynsky-Smith	1	2
U13G/2	Freya Hewitt-Park	Rebecca Robinson	2	5
U13G/3	Stuart Hale	Tina Doyle	2	7
U13G/4	Mark Berwick	Anneka Hunston	3	5

This year the Association was able to commission a new two court venue at the Sydney Academy of Sport which has hosted training and carnivals for the 2023 indoor season. For the 2023 Indoor State Championships, NSB will be fielding 17 teams again – with both boys and girls across all age groups. The indoor program also affords NSB the opportunity to develop future umpires and coaches.



Greater Sydney Cup

Our Association is still one of the strongest and most comprehensive Indoor Programs that has ever been delivered. Mark Hewitt-Park – Indoor Convenor has comprehensively designed a program focused on the development of our players and a wider visibility across the Association. With locally available assets such as Marie Bashir, Willoughby Leisure Centre and the newly commissioned Narrabeen venue, the travel times are significantly reduced and a family friendly weeknight competition has created an enormous increase in player numbers. Well done Mark Hewitt-Park.



Kind regards,

Mark Berwick
NSBHA Representative Convenor

4 WOMEN'S MASTERS REPORT

2023 Women's Masters Committee

Debbie Cameron & Tracey Woolley – Convenors
Gabrielle Whelan – Treasurer
Annie McCraith – Registrar
Christine Cannon – State Champs Accommodation
Vacant - Umpire Coordinator

2023 Coaches & Managers

Coach	Craig Ellis	NSB1A / State Champs 34s	Manager	Louise King
Coach	Martin Bishop	NSB1B / State Champs 40s	Manager	Eils Calderwood
Coach	Annette Vervoot	NSB2	Manager	Pamela Forbes
Coach	Sandy Blank	NSB3	Manager	Sue Saunders
Coach	Fiona Gilvear	NSB4 / State Champs 60s	Manager	Sharon Gilvear
Coach	Danielle Leong	State Champs 45s	Manager	Kris Turner
Coach	Annette Vervoort	State Champs 50s	Manager	Glenda Langford

2023 Selectors – Annette Vervoort, Michaela Yates; Sharon Johnson, Louise King & Martin Bishop

SWHL Results:

Division 1	NSB1A	1st
	NSB UTS (Whites)	2nd
	NSB1B	4th
Division 2	NSB2	2nd
Division 3	NSB3	2nd
	NSB UTS 2	3rd
Division 4	NSB 4	5 th

State Champs Parkes Results:

NSB1 034/ Div 1- State Champions NSB2 040s/ Div1- 4th NSB3/UTS 040's/ Div1 - State Champions	NSB4 045s/ Div2- 3rd NSB5 050s/ Div1- State Champions NSB6 060/ Div1- 3rd
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Best & Fairest Players 2023

	SWHL		State Championships
NSB1A	Antonia Tonkin	NSB o34s Div 1	Sally Ellis
NSB1B	Catherine Wood	NSB 040s Div 1	Diana Brown
NSB2	Lisa Gregory	NSB 045s Div 2	Stephanie Turner
NSB3	Samantha Lombardo	NSB o50s Div 1	Suzi Litchfield
NSB4	Yasmin Van Kasteren	NSB o60s Div 1	Elizabeth Della Pietra

NSBHA Representatives for NSW Teams at the National Championships, Perth September 2023



Over 34's Gretchen Gamble - Manager	Over 40's Kelly Davies Catherine Wood Shadows: Nicole Cheung	Over 50's Martin Bishop – Coach Kim Dunkin	Over 65s Lizzie Della Pietra Lyndel Francis
Over 45's Sharon Johnston – Coach Katrina Brown Vanessa Clyne Allison Davey Amy Firth Kristie Greville (LT) Simone Keiser (GK) Amanda Meech (GK) Shadows: Megan Kinniburgh Charlotte Simmons	Over 55's Michelle Breytenbach Christine Cannon Trudy Green Donna Parsons Tracey Woolley	Over 60's Sharon Brown (GK) Joanne Crosland Christine Evans Anne Howard Annette Smith Gabrielle Whelan Shadows: Pamela Forbes Mariana Lapargo Anne McCraith Yasmin van Kasteren	Over 70s Elizabeth Bewsher Ninette Dilly

2023 Waratah Award Recipients for Service to Association

Martin Bishop; Louise King; Annette Vervoort

2023 Waratah Award Recipients for 10+ years of NSW Masters Hockey representation

Trudy Green

2023 Gail Simmons Award

Congratulations to **Louise King** for being awarded the Gail Simmons Masters Person of the Year for her enormous contribution to Masters hockey and NSBHA in general. Sadly we bid farewell to Louise after 12 years of being the Manager for NSB1. She will be missed by all at NSB.

NSBHA Representatives for the Australian Teams to compete in the World Cup, 2024

World Cup teams 2024		
Age Group	Name	
45+	Amanda Meech	UTS WHITES
	Alison Davey	shadow - UTS WHITES
50+	Kim Duncan	shadow
55+	Michelle Breytenbach	
60+	Trudy Green	
	Anne Howard	
	Jo Crosland	shadow
	Sharon Brown	shadow
65+	Annelie Kruger (ACT)	shadow
70+	Elizabeth Bewsher	shadow

World Cup A teams 2024		
Age Group	Name	
45+	Katrina Brown	UTS WHITES
	Alison Davey	UTS WHITES
	Charlotte Simons	shadow
50+	Kim Duncan	
55+	Christine Cannon	
60+	Sharon Brown	
	Jo Crosland	
	Annette Smith	
	Donna Parson	UTS WHITES
65+	No team	
70+	No team	

2023 SWHL Championships

NSB Entered 5 teams into the SWHL competition and a further 2 teams from NSB UTS.

We had 3 teams in Div1, 1 in Div 2, 2 in Div 3 and 1 in Div 4.

There was a great turn out to trials in February which meant a few players had to be turned away. We have endeavoured to cap the teams at no more than 16 players as per our selection policy. There were a number of injuries through the year which meant there was still the necessity to borrow players from other divisions. Craig Ellis joined us as our new Div1A coach. Craig had a very successful season with his team winning both the Masters Div 1 competition and the State Champs U34's in Parkes.



NSB 1A – Winners Div 1



NSB UTS (White) – 2nd Div1



NSB3 – 2nd Div 3



Yasmin Van Kasteren
Masters Division 4 - Best and Fairest Award for 2023.



NSB2 – 2nd Div 2

2023 Half-State Championships (Parkes - South) 28th-30th July 2023

NSB had a very successful trip to Parkes where there was some great hockey and a lot of laughs off the field.

This was a fantastic weekend away with great hockey and a super fun atmosphere catching up with friends and making new ones. A fun Association Dinner was held on the Saturday evening. Teams got behind the “Around the world theme” finished off with the Master of Ceremonies Martin Bishop interviewing Betsy Bewsher and Elizabeth Della Pietra and enquiring of their experiences of hockey through the years. An entertaining evening was had by all.

Thanks

Thank you to our committee, coaches, managers, selector’s, players and supporters for making NSB such a great Association.

We especially would like to thank the outgoing NSB President Diana Brown for all her years of service to NSB hockey. She has dedicated endless volunteer hours for the good of hockey in the Northern Beaches. Thank you Di!

The Best & Fairest winners are available online on our Virtual honour board:

<https://www.nsbhockey.com.au/masters/masters-achievements/>

Debbie Cameron & Tracey Woolley

Convenors

Northern Sydney & Beaches Hockey Association Women’s Masters

5 DEVELOPMENT CONVENOR'S REPORT

In prior year's the Association has coordinated goal keeping and goal shooting clinics and other development activities. However, with the Ku-ring-gai Hockey Pitch closed for redevelopment and no other hockey facilities available in our area, the on-field development activities for this year have been somewhat curtailed.

Development activities that have managed to go ahead include the following:

Catholic Schools Gala Day – November 2022

After a 2 year absence, the Catholic Schools Hockey Gala Day returned with much energy and excitement. Six local Catholic Primary schools attended the day with more than 300 kids running around under blue skies at John Fisher Park, Curl Curl. In conjunction with Andy van Pelt from Hockey NSW, NSBHA assisted with providing coaches and umpires for the day. It was hugely successful day and great to see so many children playing hockey – most for the first time. Thank you to everyone who was involved!



On the back of last year's success, the Catholic Schools Gala day is being run again on 14 November 2023 at John Fisher Park, Curl Curl with another 6 schools competing and 100s of kids. It should be another great day for hockey in our region.

Sport in Schools Programs

In term 4, 2022 NSBHA delivered Hockey in Schools coaching to Manly West Public School, Mimosa Public School and St Martins primary; in Term 2, 2023 at Balgowlah North Public School, in Term 3 to Oxford Falls Grammar and St Lukes; in Term 4, 2023 to Gorden West Public, Oxford Falls and Manly West. These are fantastic programs providing kids a chance to experience hockey in a safe and friendly environment with their school friends.

HNSW Futures Academy – Term 4, 2023

Athletes identified by HNSW throughout the winter season have been invited to attend the HNSW Futures Academy (the former AAP squads for u18s) for on field training and off-field sessions. The academy has been extended to u14s, u16s and u18s. The Futures Academy is being delivered locally in conjunction with North West Sydney Hockey Association at Pennant Hills Hockey Centre. NSBHA would like to acknowledge the enormous efforts made by Darren Morris at NWSHA for developing the Futures Academy program and sourcing experts across a number of fields. The NSB athletes are incredibly grateful. Those selected for the program include:

2023/24 u18s - Kirra Budd GK, Carys Kelly, Ziggy Leong, Kyle Hammond, Lukas Overhoff, Faith Thompson, Finlay Morris,

2023/24 u16s – William Jenkin, Guy Jenkin, Jack Kellaway GK, Henry Yeoland, Jasmine Elliott GK, Molly Heffernan GK, Hannah Edwards, Ella Dunstan, Erin Kelly, Sienna Kaill, Annie Barnes, Jarra Gooley

2023/24 u14s – Dexter Berwick, Toby Overhoff, Aidan Jones, Jessica Brown, Grace Godfrey, Isla Smith, Mackenzie Simons, Zoe Strahan and Kiara Zwatzka

Foundation Lead Coach workshop - Saturday 29 July

In conjunction with HNSW, NSB hosted the Foundation Lead Coach workshop at Narrabeen on Saturday 29 July for aspiring coaches to further develop their coaching skills and obtain their coaching accreditation. There were 14 participants who attended the day.

More coaching and umpiring workshops will be organised for 2024.

Summer Training Sessions – Intensive Development Program at Narrabeen

With the opening of the ½ pitch in mid-August 2023 at the Sydney Academy of Sport, the hockey community could finally host some local development programs. On offer are 2 sessions per week on Tuesday and Thursday evenings for some intensive hockey training & development.

2023/24 HOCKEY NSW Centre of Development for 10 – 14 year olds - Narrabeen

This is a 20-hour development program offered by Hockey NSW from Nov '23 to Feb '24 for 10 to 14 year olds. Players can choose to attend Pennant Hills, Cintra or Ryde and for the first time NSB players will be able to choose Narrabeen on Friday nights.

Stuart Hale was elected Development Convenor at last year's AGM, but due to heavy work commitments resigned from the role in July 2023. The role of Development Convenor remained vacant for the remainder of the year.

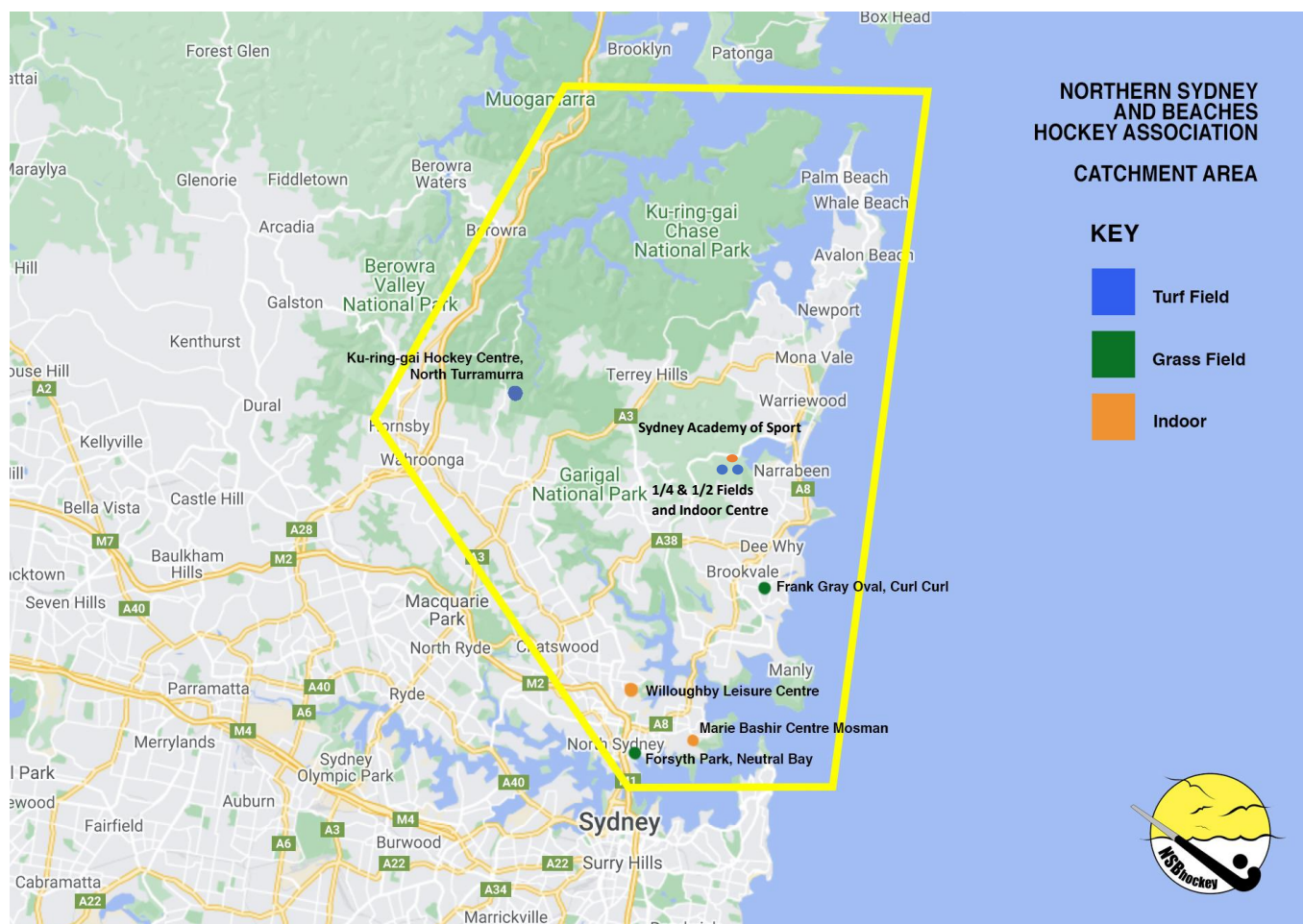
Vacant

Development Convenor, NSBHA

6 FACILITY CONVENOR'S REPORT

2023 has seen the opening of new synthetic hockey facilities on the Northern Beaches for the first time in 30 years.

Refer map below indicating the current major venues in our area and following updates on the facility options in our NSBHA catchment area.



NSBHA is fortunate to now have five quality indoor hockey courts in the region – 2 at Narrabeen, 2 at Willoughby Leisure Centre and 1 at Mosman. This has allowed the Association to support tremendous growth in the indoor hockey program with training, local indoor competitions, regional carnivals, u11 development programs and preparation for the Indoor State Championships.

New Facilities

Narrabeen – Hockey House & 1/4 Field

Located in the Sydney Academy of Sport, Hockey House (clubhouse) and ¼ Field was a huge success. This saw the hockey community unite and restore a disused cricket nets facility. Lights were installed by the Office of Sport to partly light the field with NSB purchasing a portable light tower to facilitate safe use of the facility. NSB also purchased a container shed for use as a storage facility, now located next to the Hockey House.



Narrabeen – 1/2 Field

Located in the Sydney Academy of Sport the Half Field hockey pitch was finally completed towards the end of the season proper. This is the first new synthetic hockey facility on the Northern Beaches and an example of the Gen 2 Turf.

Prior to the completion of this field the Super 6 competition was played on tennis courts within the Academy however these are not available going forward. The finals of the Super 6 competition were able to be played on the new half field facility and new hockey offerings up and running over the summer period.



Narrabeen – Indoor Hockey

Located next door to the new 1/2 Field pitch the indoor centre at the Narrabeen Sydney Academy of Sports is now secured for indoor hockey. Through the invaluable input of Mark Hewitt-Park, Andy Van-Pelt and Mark Berwick this facility is now able to host full sized games. Custom side boards have been constructed by the team and are stored in the centre.

NSB trainings have commenced at the facility in preparation for the Indoor State Championships. The Greater Sydney Cup, hosted by NSBHA, is scheduled to be played at the centre.



Opportunities

Opportunities exist and NSB in partnership with the local clubs and associations are staying abreast with any and all options within the NSB catchment.

The below are considered to be the most viable and likely to proceed in some capacity:

Ku-ring-gai Hockey Centre Upgrade

Construction on the Ku-ring-gai Hockey Centre commenced in August 2023. The priority of works is for the sport infrastructure including the Field of Play and Amenity block upgrade. Early works for site clearance resulted in the discovery that the previous expectation of a concrete slab being in place was proven to be false. This resulted in additional works and costs to accommodate suitable subsurface material. The upgraded onsite car parking and access pedestrian pathways are still being finalised in conjunction with Ku-ring-gai Council. Anticipated completion is for hockey to resume at the centre in 2024.



Narrabeen, Sydney Academy of Sports

- Admin and storage facility – space has been cleared and approval granted for a container admin building to be installed next to the 1/2 Field with an additional container to be installed for equipment storage...etc.
- New additional lighting is being installed on the 1/4 Field pitch at the Office of Sport expense.
- Discussions underway for the preparation of tender documents for the construction of a Full Field (or two) on the current grass fields.
- Other options being considered:
 - Potential to resurface the 1/4 Field pitch
 - An additional 1/2 Field pitch to the north of the running track

Northern Beaches Secondary College - Freshwater Campus

Mark Berwick has maintained a presence for hockey at the meetings regarding this potential project. Nothing immediate, however Hockey has a seat at the table for discussions.

A special thank you to Mark Berwick whose unbridled enthusiasm and backing has enabled the development of the facilities at the Narrabeen Sydney Academy of Sport and Di Brown, whose personal investment of time and energy into the Ku-ring-gai Hockey Centre Upgrade has been incredible and above expectations.

Prepared By:

Austen Shephard

Facilities Convenor, NSBHA

7 COMPETITION CONVENOR'S REPORT

Facilities has played a major part in both growth and upheaval of the Competitions during the 2023 Season. With Ku-ring-gai Hockey Centre closed in 2023 for major redevelopment, the theme for 2023 has definitely been the success of small-sided games. As an Association which lacks full-sized hockey fields of any structure whether grass or Synthetic to use, the best solution for our members is to offer small-sided games on alternative venues – like tennis courts, futsal courts and any other synthetic venue.

Over many years the futsal courts at KIK OFF Centre (20 years), North Manly (1 year), Pittwater RSL Futsal (2.5) years and the tennis courts at Middle Cove (3 years), has allowed our community to continue playing and enjoying small-sided competitions. It has taken many long hours, days, weeks, months to get these games up and running and strong support both inside and outside the Hockey Community. Over the years we have had many Futsal players join in for a number of games while at the centre so crossing over into two sports. These are the areas that help us grow. At both Pittwater RSL Futsal and in particular KIK OFF at HBC we have picked up numerous players who didn't know hockey existed on the beaches.

Mona Vale and HBC Centres have been an integral part of NEW PLAYERS entering into our hockey community. It also takes many years to secure venues, creating partnerships with other important community centres, grow participant numbers, and keep majority interested somehow, plus looking after the helpers and assisting those who struggle.

If we continue to start up competitions within our own ranks, set down on same nights and within 10km of each other it undoes all the leg work from others especially if one area loses players to go to another!

I sincerely want to thank OLI BRAMLEY and PAUL MULLIGAN from KIK OFF Harbord as they have supported us for 20 years, both for 5aside and with WHA Competitions over the years with booking us in while Frank Grey/Mick Pawley fields are unplayable. NICOLE at Pittwater Futsal has been more than accommodating as well and looking forward to more growth.

For the last half of this year, we managed to secure some small spaces at the Sydney Academy of Sport, Narrabeen (¼ pitch and tennis courts). The Executive Committee especially the boys have done a fantastic job pulling this together and Diana also working tirelessly in the background for our facilities.

This has allowed our community to continue playing and enjoying small-sided competitions, but sometimes overstretching Our resources of competitions due to a number of unforeseen circumstances and a few consultation problems coming to the forefront.

Over the past 12 months, NSB have operated several local small-sided competitions which attracted more than 600 participants whilst at the same time developing a love for hockey, friendships and new skills. A new competition was introduced for Terms 2 and 3 at Middle Cove which catered to local high school students in the lower north shore area that do not play in the Saturday IGSA competition. This competition attracted players from Willoughby Girls High, North Sydney Girls, Marist College, Mercy College and Lindfield Learning Village.

Overview of NSB's Competitions – all comps played in 2023 were on local futsal or tennis courts

Location	Night	Product	Participants			
			2020	2021	2022	2023
HBC	Thurs	5-aside Social (Terms 1 and 4)	322 (3terms)	245 **(3terms)	219 (3terms)	227 (2terms)
KHC	Tues / Wed	Mollie Dive - School girls (Term 2)	**	130	130	110
KHC	Wed	6-aside social (Term 3)	83	25 **	***	***
Middle Cove	Thurs	5-aside Social (Terms 1 and 4)	99	158	145	108

Middle Cove	Thurs	5-aside High School comps (new 2023) Term 2,3	-	-	-	73
Mona Vale	Mon / Tues	5-aside (Terms 2, 3, 4)	-	-	30 (Term 4)	97 (Term 2,3,4)
Total			504	558	524	615

** Some Events not run in 2020 and 2021 due to Covid-19.

*** Events not run due to poor quality of KHC.

The above data has been sourced from *Revolutionise Sport* which was implemented by NSBHA in 2018.

MOLLIE DIVE SCHOOLGIRLS COMPETITION – IN ITS 29TH YEAR!

The 29th Mollie Dive schoolgirls comp was played on Tuesday and Wednesday nights during Term 2. It was a difficult year without having accessing to KHC. PLC, Abbotsleigh and Barker all kindly allowed the competition to continue this year at their own fields. Teams competed included Roseville, Brigidine, Monte, PLC, Abbotsleigh and Barker. Thank you to Belinda Kellaway for organising this event on behalf of NSBHA and thank you to all the umpires.

The finals were held on Tuesday 6 June at Pymble for Division B (PLC Pymble v Monte) and Wednesday 14 June for Division A (PLC Pymble A v Barker A) in front of a large crowd of passionate supporters – it was great to see so much school spirit!

In Division B Monte came away winners with a 3-0 win over Pymble – now back-to-back winners.



In Division A, it was a nail-biting match going end to end with Pymble piling on plenty of pressure. The Barker GK was impenetrable and kept the scores locked at 1-1. Barker managed to slot a goal past the keeper in the dying seconds to secure victory 2-1. Well done to everyone involved.



WARRINGAH COMPETITIONS

Saturday competitions were organised this year at Frank Gray fields Curl Curl and at Narrabeen for both adults and juniors.

Full field grass competition – local womens teams from Avalon, Freshwater, Manly, Seaforth and Terrey Hills competed at Frank Gray, Curl Curl. This is a wonderful local competition offering same time, same place format on Saturday afternoons. This competition is one that needs to be given more support as it's the only FULL-SIZED GAME we have on the BEACHES. This Comp has been around for many years and has quite a few clubs with teams entered. The Grand final was won this year by the Seaforth Bombers 1-0 in a hard-fought game against the Terrey Hills Ducks. Majority of these players have grown up locally in our schools or started at school level and continue to play now it's a great standard for those whom hate to travel distances to play turf.



Junior Super 6's competition - A new initiative this year made possible by the synthetic facilities at the Sydney Academy of Sport, Narrabeen. More than 35 junior teams (around 240 players) across all ages

competed in a Super 6's format – where the game blends the best of indoor (rebound boards are used down the sidelines to keep the ball in play) and outdoor (players can lift the ball using 3D skills, jinking, flicks) for an action-packed game of fun and high engagement. Thank you to all the volunteers and Warringah Hockey for organising this competition at Narrabeen and to all the umpires.

On behalf of the NSB competitions held this year I would like to thank all the umpires, assistant managers who have assisted myself in the organisation and running of these events including Belinda Kellaway at Mollie Dive, my whole staff who have supported me over numerous years at Harbord and Alex Murray from Avalon whose assisted myself to grow the northern end of the beaches and surrounding areas north of Narrabeen Bridge. Plus of course Di Brown and her helpers at Middle Cove.

Next year will see more hockey activity being offered with the opening of KHC in the first quarter. It will be exciting to see this facility return to its former glory and providing much needed space to run hockey competitions and activities on the upper north shore. It will be imperative that all clubs, players pool from outside your existing base to keep our sport on the map.

After serving on the NSB Executive Committee for 6 years, I am retiring at the end of this year. Creating the 5aside game off my own back 20 years ago, plus adding to the years of playing from year 7 in high school pretty much till Covid are the years I have been involved with hockey on the northern beaches and Regions beyond playing for multiple clubs throughout our region at both club and representative levels, and it's time to hang up the boots! Thank you to everyone who has been part of this hockey journey with me – to all the volunteers, families and friends throughout the NSB region and especially Harbord and Mona Vale 5aside Competitions.

Competitions Convenor has been one of the most challenging positions within this region and for it to succeed even further there needs to be a collaborative approach and boundaries respected on all sides of the fence, I'm sure in the future years this will be sorted out.

Looking forward to seeing you all out and about.

Yours in Sport
Cath Clark
Competitions Convener, NSBHA

APPENDIX 1 – NSBHA FINANCIAL STATEMENTS AT 30 SEPTEMBER 2023

Balance Sheet

Northern Sydney and Beaches Hockey Association Incorporated As at 30 September 2023

	30 SEP 2023	30 SEP 2022
Assets		
Bank		
Main Association Account NSBHA	35,818.65	34,012.15
NSB Masters Representative	22,331.85	23,480.83
NSBHA Savings Account	86,964.38	68,549.97
Debit Card Account	0.10	610.27
KHS Project Savings Account	384,208.77	240,463.99
Total Bank	529,323.75	367,117.21
Current Assets		
Accounts Receivable	4,603.88	1,689.73
Accrued Income	2,870.46	2,500.00
Prepaid Expenses	-	1,560.00
Total Current Assets	7,474.34	5,749.73
Total Assets	536,798.09	372,866.94
Liabilities		
Current Liabilities		
Accounts Payable	9,983.00	48,744.30
Accrued Expenses	4,330.00	9,819.00
GST	(470.33)	(3,193.02)
Income Received In Advance	-	10,052.74
Rounding	0.04	0.10
Sundry Creditors	960.00	(44,313.00)
KHC project	234,235.77	30,000.00
Credit Card	863.43	8.00
Total Current Liabilities	249,901.91	51,118.12
Total Liabilities	249,901.91	51,118.12
Net Assets	286,896.18	321,748.82
Equity		
Current Year Earnings	(34,852.64)	36,351.19
Retained Earnings	321,748.82	285,397.63
Total Equity	286,896.18	321,748.82

Northern Sydney and Beaches Hockey Association Incorporated
For the year ended 30 September 2023

	2023	2022
HNSW Affiliation Expense	9,900.00	11,557.50
Interest Expense	1.61	0.05
Masters Expenses	267.25	-
Presentation Dinners Costs	2,250.00	302.18
Presents / Gifts	493.00	409.54
Staff / Volunteers Training	477.26	-
Trophies	(102.27)	416.73
Umpires Courses	-	45.45
Uniforms	2,003.64	-
Total Operating Expenses	73,244.35	51,358.96
Net Profit	(34,852.64)	36,351.19